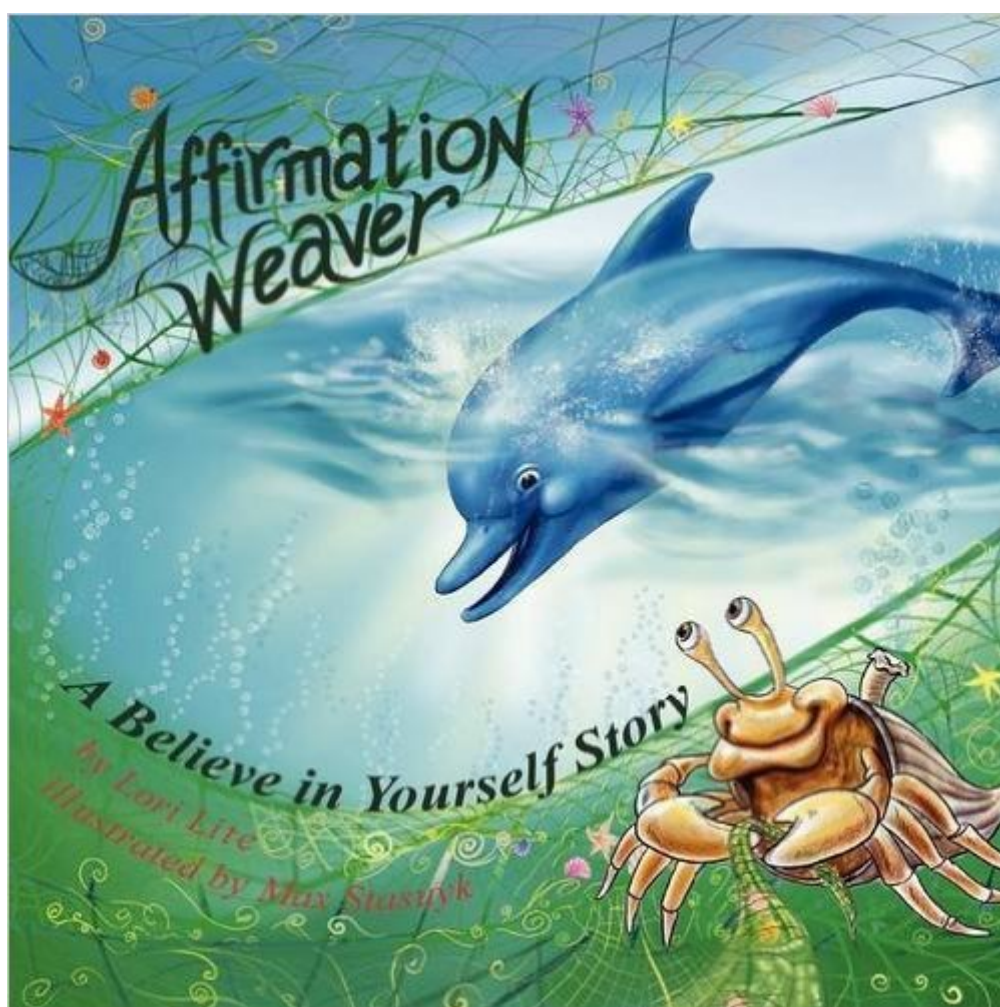


The book was found

Affirmation Weaver: A Believe In Yourself Story, Designed To Help Children Boost Self-esteem While Decreasing Stress And Anxiety



Synopsis

Children love to turn self-doubt into self-belief. Children relate to the dolphin in this story as the sea creatures show him how to believe in himself. Watch your child increase self-esteem and build inner strength as the sea creatures weave a web of positive statements. This positive thinking technique can be used to bolster self-esteem, manage stress, accomplish goals, and increase optimism. This encouraging story will bring a smile to your face and give your child a tool that will last a lifetime.Â

Children love to turn self-doubt into self-belief. Children relate to the self-doubting dolphin in this story as the sea creatures show him how to believe in himself. Watch your child increase self-esteem and build confidence as the sea creatures weave a web of positive statements. This positive thinking technique can be used to bolster self-esteem, manage stress, accomplish goals, and increase optimism. This encouraging story will bring a smile to your face and give your child a tool that will last a lifetime. This story is longer making it ideal for older children or those with a longer attention span.Â

Affirmation Weaver is also featured on the Indigo Ocean Dreams Audio/CD and is available as an interactive APP on the iTunes bookstore. It is also available in several eBook formats.Â

Â Note to Parent:Â Children truly enjoy making positive statements. It is easier for children than it is for adults because kids still love themselves. Children are willing and eager to give themselves a compliment. Every child has a different emotional maturity, attention span, and need. While the stories are best suited for ages 6-12, do not let this be your primary reason for selecting. You know your child best and remember this is not about the reading level. The focus is on the actual techniques.

Book Information

Paperback: 26 pages

Publisher: Stress Free Kids; second edition (October 28, 2011)

Language: English

ISBN-10: 0983625697

ISBN-13: 978-0983625698

Product Dimensions: 8.5 x 0.1 x 8.5 inches

Shipping Weight: 3.2 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ

Â See all reviewsÂ (51 customer reviews)

Best Sellers Rank: #23,528 in Books (See Top 100 in Books) #67 inÂ Books > Health, Fitness & Dieting > Children's Health #123 inÂ Books > Self-Help > Stress Management #188 inÂ Books > Self-Help > Self-Esteem

Age Range: 5 - 9 years

Grade Level: Kindergarten - 4

Customer Reviews

This wonderful book by Lori Lite offers children the chance to learn relaxation skills and a positive psychological outlook like no other work I am aware of. The beautiful illustrations and engaging dialogue surpass any other resources I have come across in my field of psychology. I look forward to utilizing this book and Lori's other products in my practice. A trial run with my own children was effective and left them asking for more.

I am so impressed with Affirmation Weaver (positive self-talk) and A Boy and a Turtle (visualizing) CD's that I can't put it into words. These CD's have helped my son overcome his anxiety of going to school when he first started kindergarten 4 years ago. We also put them on when he is having a hard time falling asleep. They are a great resource for any child to have in their room

Great book, used it for my 6th grade students to help build self confidence. Had fun with it.

Affirmation Weaver is our newest book from Lori Lite and my five year old son loves it! This book is a nightly read. He has found by reading the book over and over the positive affirmations are starting to spill over into his play activity, has lessened his frustrations, and has also given him more words to his feelings. Thank you to Lori Lite for writing so eloquently and speaking to the hearts of children.

This was a nice book to read. It fit in nicely after we have been listening to Lori Lite's Bedtime Stories CD, like this 3 CD set: Indigo Dreams (3 CD Set): Children's Bedtime Stories Designed to Decrease Stress, Anger and Anxiety while Increasing Self-Esteem and Self-Awareness. Giving my boys with Aspergers Syndrome an actual picture seems to help aid their visualization while listening to the CD. This book allows me to be interactive about affirmations at any time of the day, while the CD is fantastic for bedtime relaxation.

My 6 1/2-year old's teacher recommended Lori Lite's books because he's a very sensitive child who takes absolutely everything quite personally. This has quickly become his favorite of our Lori Lite collection; as the crab weaves each affirmation, my son repeats them. He loves hearing this book right before bed as his good-night story! I think it's really helping him build up his self-confidence so

that he doesn't always feel so crushed by life's little disappointments. I recommend this to anyone with a child who is sensitive, or prone to excessive sulking, or hard to pull out of a funk.

After becoming frustrated with my 6 year old's own frustrations and many unsuccessful attempts to have her change her negative self-talk to positive (I can't do this...I'm not good at this), I purchased this book. What an amazing transformation! :) I can't say enough good about this book! Not only has my daughter's attitude changed, she's been teaching her friends at school how to use positive affirmations as well! (I even occasionally catch her teaching her toys!) This would be a great addition to the library of a child, any age. (I'm sure a few parents could benefit, too!)

This is a nice book, but not for an 11-year-old. I would say 8 or 9 and younger. Also, one of the affirmations is "I learn easily." While that's lovely, I'm not so sure that's a wise inclusion, as many parents who might be buying this book are looking to build self-esteem in their children with learning differences or learning disabilities. Why remind the kids of difficulties they have during the day? The author might be wise to delete that page in future editions. You can't fool a kid who has had years of academic difficulties that he "learns easily." Nor would you want to invalidate his experience.

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Affirmation Weaver: A Believe in Yourself Story, Designed to Help Children Boost Self-esteem While Decreasing Stress and Anxiety Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Indigo Teen Dreams: 2 CD Set Designed to Decrease Stress, Anger, Anxiety while Increasing Self-Esteem and Self-Awareness (Indigo Dreams) Developing Self-Esteem: How to Overcome Fear and Anxiety and Regain Confidence - Self Help for Low Self Esteem Self Esteem: Mastering Your Life!- Building High Self Esteem, Confidence and Defeating Doubt (Self Esteem, confidence,doubt) Anxiety: Anxiety Cure Secrets: 10 Proven Ways To Reduce Anxiety & Stress Rapidly (BONUS- 30minute Anxiety Coaching Session- Anxiety Cure, Become Free, 10 simple ways) Confidence: Boost Self Esteem, Charisma, Overcome Anxiety, Stress and Change Your Life Self-Discipline: Achieve Unbreakable Self-Discipline: How To Build Confidence, Willpower, Motivation, Self-Belief And Master Your Life!: Self control, ... Self-Confidence, Self-esteem, Organizing) Affirmators! 50 Affirmation Cards to Help You Help Yourself - without the Self-Helpy-Ness! Performance Anxiety Cure: How To Overcome Performance Anxiety And Stage Fright In All Aspects Of Life Forever (anxiety recovery, panic attacks, anxiety management, anxiety attacks) A Father's Guide to Raising Daughters: How to Boost Her Self-Esteem, Self-Image and

Self-Respect The Six Pillars of Self-Esteem: The Definitive Work on Self-Esteem by the Leading Pioneer in the Field Separation Anxiety: A Parent's Guide for Dealing with a Child's Separation Anxiety ~ (Separation Anxiety Disorder | Separation Anxiety in Children or Toddlers) Self-Love: The 21-Day Self-Love Challenge - Learn how to love yourself unconditionally, cultivate self-worth, self-compassion and self-confidence (self ... happiness) (21-Day Challenges Book 6) Social Anxiety: Overcome Shyness, Anxiety, Introvert, Low Self Esteem & How To be Confident ((BONUS Inside)Overcome Any Fear, Feel Confident, Strong, Overcome Shyness) Anxiety: 15 Ways To Boost Your Confidence When Feeling Anxious: How To Build Your Confidence To Escape Anxiety (BONUS- 1hour Life Coaching Session. Overcome Anxiety Today) Anxiety Disorders: The REAL Truth, Causes and Cures. Panic Disorder, Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Post-Traumatic Stress Disorder (PTSD), Social Anxiety 10 Days to Superhuman Confidence: Cure Social Anxiety, Destroy Doubt, and Live Fearlessly (Self-Confidence, Charisma, Introvert, Self Esteem, Success) (SUPERHUMAN IMPROVEMENT) Trypophobia: Real, Terrifying and you defenetely have it: phobia,fear,anxiety,stress,overcome,trypophobia (Stress, Anxiety,Depression, High Pressure, Unhappy, Stressed) Hypnosis: Self Hypnosis, NLP & Mind Control 6 Steps To End Depression, Anxiety & Stress FREE BONUS (Hypnosis, Mind Control, NLP, Self Hypnosis, Hypnosis ... Hypnotism, Self Hypnosis For Beginners)

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